

# EXPOSURE MAPPING



## COMMUNITY LANGUAGE VS. TARGET LANGUAGE BOTTE-BOOT.COM

By completing this form, you will get a better idea of how much **exposure** your child is getting in each language on a weekly basis.  
Research has shown that children need to be exposed to a language a minimum of **40%** of their waking hours to become proficient in that language.  
If your child wakes up at 7:00 am and goes to bed at 8:00 pm, your totals for each day should roughly add up to **11-13** hours of language exposure.

### MONDAY

#### Community Language

(ex. English)

#### Target Language

(ex. French)

**Home conversations & dialogue** (ex. morning routine, supper, exposure to adult discussions, play)



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**Daycare**



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**Outings** (family visits, sports, etc.)



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**Friends**



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**Electronics** (television, tablet, music, etc.)



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**Shared Reading**



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**TOTAL HOURS**

**Community Language**

**Target Language**

**TUESDAY**



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**Home conversations & dialogue** (ex. morning routine, supper, exposure to adult discussions, play)

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**Daycare**

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**Outings** (family visits, sports, etc.)

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**Friends**

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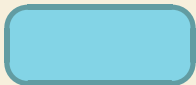
**Electronics** (television, tablet, music, etc.)

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**Shared Reading**



**HEURES TOTALES**

**WEDNESDAY**

**Community Language**

**Target Language**

**Home conversations & dialogue** (ex. morning routine, supper, exposure to adult discussions, play)



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**Daycare**



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**Outings** (family visits, sports, etc.)



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**Friends**



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**Electronics** (television, tablet, music, etc.)



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**Shared Reading**



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**HEURES TOTALES**



**Community Language**

**Target Language**

**THURSDAY**



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**Home conversations & dialogue** (ex. morning routine, supper, exposure to adult discussions, play)

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**Daycare**

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**Outings** (family visits, sports, etc.)

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**Friends**

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**Electronics** (television, tablet, music, etc.)

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**Shared Reading**

**TOTAL HOURS**

**FRIDAY**

**Home conversations & dialogue** (ex. morning routine, supper, exposure to adult discussions, play)



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**Daycare**



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**Outings** (family visits, sports, etc.)



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**Friends**



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**Electronics** (television, tablet, music, etc.)



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**Shared Reading**



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**TOTAL HOURS**



**Community Language**

**Target Language**

**SATURDAY**

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**Home conversations & dialogue** (ex. morning routine, supper, exposure to adult discussions, play)

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**Outings** (family visits, sports, etc.)

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**Friends**

.....

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**Electronics** (television, tablet, music, etc.)

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**Shared Reading**

**TOTAL HOURS**

**SUNDAY**

**Community Language**

**Target Language**

**Home conversations & dialogue** (ex. morning routine, supper, exposure to adult discussions, play)



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**Outings** (family visits, sports, etc.)



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**Friends**



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**Electronics** (television, tablet, music, etc.)



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**Shared Reading**



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**TOTAL HOURS**



**Community Language**  
(Total of hours)

**Target Language**  
(Total of hours)

**WEEKLY TOTAL**  
(add up all of the daily hours/minutes)



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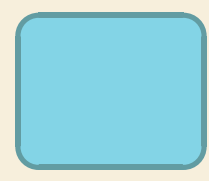


**Box A**

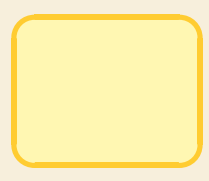
**Box B**

**Box C**

**Percentage of time spent in each language**

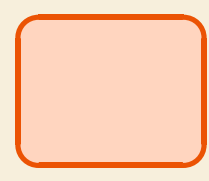


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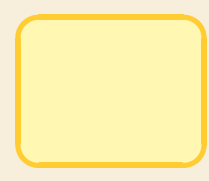


**Box A**

**Box C**



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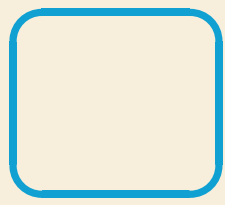


**Box B**

**Box C**



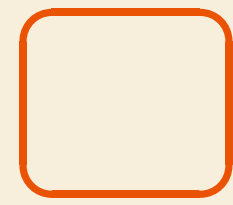
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(% of exposure to the Community Language)



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(% of exposure to the Target Language)

If you are not meeting the 40% of exposure threshold in either of your child's languages, there are many activities that can be done to increase exposure hours.

Please go to [www.botte-boot.com/printable-pages.html](http://www.botte-boot.com/printable-pages.html) for more info!

Chantal Mayer-Crittenden, 2016.

.....**BE PATIENT, IT'S WORTH IT!**.....

